

# WALKING SCHOOL BUS



## What is a Walking School Bus?

- A **walking school bus (WSB)** is a safe and fun way for children to get physical activity as they travel (walk) to and from school with adult supervision.
- Each “bus” walks along a **set route** with one or more adults leading it, picking children up at **designated stops** along a predetermined route and walking them to school.
- It’s easy and fun!

## Who can use a Walking School Bus?

Students and families who are within walking distance to school and walk the same or similar route to get to school.



## Where does a Walking School Bus go?

To school in the mornings and back home in the afternoons.

## Why create a Walking School Bus?

There are many benefits in participating in Walking School Bus, including:

- Increasing daily physical activity
- Opportunities to learn about and practice road safety
- Save \$ on gas and reduce car emissions
- Reduce traffic in school zones
- Meeting other families and making new friends
- It’s fun!

***Physical activity can help students be healthy, awake, and alert, which can improve academic performance!***

## How do I start a walking School Bus?

Identify a group of children that live near you, recruit drivers (adult leaders), map your route and go!

**Need Help  
Getting Started?**

Visit [montgomerycountymd.gov/WSB](https://montgomerycountymd.gov/WSB)